

Hendry County School District Breakfast



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28 September Pancake on a Stick Cereal Apple Jacks Kit Milk Choice	29 September Sausage & Cheese Biscuit Jumpstart Crunch Mania Cinnamon Bun Kit Milk Choice	30 September French Toast Sticks Strawberry Nutri Grain Bar Kit Milk Choice	01 October Mini Waffles Cereal Frosted Flakes Kit Milk Choice	02 October Pancakes Pop Tart KIT Milk Choice
05 October Mini Waffles Cereal Apple Jacks Kit Milk Choice	06 October Sausage Biscuit Jumpstart Crunch Mania Cinnamon Bun Kit Milk Choice	07 October French Toast Sticks Strawberry Nutri Grain Bar Kit Milk Choice	08 October Ham Biscuit Cereal Frosted Flakes Kit Milk Choice	09 October Chicken Biscuit Pop Tart Kit Milk Choice
12 October Pancake on a Stick Cereal Apple Jacks Kit Milk Choice	13 October Bacon & Egg Biscuit Jumpstart Froot Loop Kit Milk Choice	14 October Chicken Biscuit Strawberry Nutri Grain Bar Kit Milk Choice	15 October Mini Pancakes Cereal Frosted Flakes Kit Milk Choice	16 October Sausage Biscuit Pop Tart KIT Milk Choice
19 October Mini Waffles Cereal Apple Jacks KIT Milk Choice	20 October Sausage & Egg Biscuit Jumpstart Crunch Mania Cinnamon Bun Kit Milk Choice	21 October Ham & Cheese Breakfast Sand. Strawberry Nutri Grain Bar Kit Milk Choice	22 October Mini Pancakes Cereal Frosted Flakes Kit Milk Choice	23 October Sausage Biscuit Pop Tart KIT Milk Choice
26 October Pancake on a Stick Cereal Apple Jacks KIT Milk Choice	27 October Sausage & Cheese Biscuit Jumpstart Froot Loop Kit Milk Choice	28 October French Toast Sticks Strawberry Nutri Grain Bar Kit Milk Choice	29 October Mini Waffles Cereal Frosted Flakes Kit Milk Choice	30 October Breakfast Muffin & Cheese Stick Pop Tart KIT Milk Choice

All Juice Served is 100% fruit juice (Apple, Orange, FruitPunch). Milk is 1% White or Non-Fat Flavored.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, natural origin, sex, age or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.



Hendry County School District Lunch



28 September Beef Macaroni Turkey & Cheese on Hoagie Baby Carrots(Fresh) Ranch Fruit Juice Milk	29 September Turkey & Ham on Hoagie Hot Dog on Bun French Fries Orange Milk	30 September Hamburger on Bun Ham & Cheese on Hoagie Bread Cucumber Slices w/ Ranch Applesauce Cup Milk	01 October Beef Tacos Chicken Spaghetti Dinner Roll Broccoli Cuts Fruit Juice Milk	02 October Pepperoni Pizza Hot Ham & Cheese Tater Tots Apple Red Milk
05 October Spaghetti Casserole w/ Breadstick Italian Hero Sub Corn Apple Sauce Cups Milk	06 October Cheeseburger on Bun Hickory Ham & Cheese Sub French Fries Orange Milk	07 October Crispy Chicken Sandwich Turkey & Cheese on Hoagie Baked Beans Fresh Broccoli Milk	08 October Popcorn Chicken Turkey & Ham Sub Mixed Vegetable (5 Way) Fruit Juice Milk	09 October Pepperoni Pizza Slices Turkey & Ham on Hoagie Bread Baby Carrots (Fresh) Fruit Juice Milk
12 October Chili Dog on Bun Ham & Cheese on Hoagie Bread Celery Sticks (Fresh) w/ Ranch Red Apple Milk	13 October Chicken n Waffles Turkey & Cheese on Hoagie Tater Tots Fruit Juice Milk	14 October Teriyaki Chicken & Rice Bowl Turkey / Ham & Cheese Hoagie Cucumber Slices w/ Ranch Apple Sauce Cup Milk	15 October Breaded Chicken on Bun Grilled Ham & Cheese Baby Carrots Peach Cups Milk	16 October Early Release Day
19 October Cheeseburger on Bun Ham & Cheese on Hoagie Broccoli Florets(Fresh) Ranch Fruit Juice Milk	20 October Chicken Nuggets & Rolls Italian Sub Cucumber Slices w/ Ranch Red Apple Milk	21 October Chicken Fajitas Turkey & Cheese on Hoagie Refried Beans Side Garden Salad w/ Ranch Milk	22 October Beef Fritters w/ Rolls Ham & Cheese Melt Sweet Corn Strawberry Craisins Milk	23 October Pepperoni Pizza Turkey & Ham on Hoagie Bread Steamed Broccoli Fruit Juice Milk
26 October Chicken Patty on Bun Turkey & Cheese on Hoagie Sweet Green Peas Fruit Juice Milk	27 October Hot Dog on Bun Turkey Sub with American French Fries Orange Milk	28 October Beef Tachos Supreme Italian Sub on Hoagie Bread Baby Carrots w/ Ranch Applesauce Cup Milk	29 October Beef , Bean, & Cheese Burrito Chef Salad w/Ranch Spanish Rice Dinner Rolls w/ Salad Fruit Juice Milk	30 October Pepperoni Pizza Hot Turkey & Cheese Melt Cob Corn Apple Red Milk

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